

1976 Region 1A Girls - Friday, May 28th & Saturday, May 29th at Austin

Teams: Rochester Lourdes 65.5, Plainview 51, Southland 39, Blooming Prairie 32, Hayfield 31, Spring Valley 25.5, Glenville 24, Kenyon 23, Lanesboro 20, Lake City 19.5, Austin Pacelli 19, Medford 13.5, Byron 12, Chatfield 11, Lewiston 10, Stewartville 10, Rushford 8, Dover-Eyota 8, Alden 8, Zumbrota 7, Freeborn 6, ...

110 Yd Hurdles

- 1 Jean Walsh, BP 15.0
- 2 Candy Lewison, South 15.2
- 3 Ann Kruger, Plainv 15.2
- 4 Elissa Wente, Lour 15.4
- 5 Nelson, LakeC 15.8
- 6 Phillips, Ellen 15.9

100 Yd Dash

- 1 Marcia Carroll, Glen 11.5
- 2 Heidi Kruger, Plain 11.5
- 3 Allen, Alden 11.6
- 4 Sheryl Schmeling, Hay 11.7
- 5 McVary, Keny 11.9
- 6 Schweitzer, Chat 11.9

Mile Run

- 1 Mary Jo Weis, Lour 5:37.0
- 2 Nelson, Keny 5:37.6
- 3 Schrieber, LakeC 5:37.7
- 4 Swartz E-M 5:43.1
- 5 Leonard, LaCr 5:43.6
- 6 Belter, W-K 5:46.0

880 Yd Relay

- 1 Blooming Prairie 1:47.8 (Morrison, Hanson, Peterson, Walsh)
- 2 Chatfield 1:48.2
- t3 Plainview 1:50.7
- t3 Spring Valley 1:50.7
- 5 Lake City 1:51.3
- 6 Pine Island 1:52.7

440 Yd Dash

- 1 Sheryl Schmeling, Hay 59.4
- 2 Lori Bearson, Lane 60.5
- 3 Ditrich, Plain 62.0
- 4 Barb Richardson, South 62.1
- t5 Julie Vehrenkamp, Lour 62.2
- t5 Sanders, Med 62.2

180 Yd Hurdles

- 1 Jean Walsh, BP 23.4
- 2 Ann Kruger, Plainv 23.7
- 3 Sue Schroeder, South 24.5
- 4 Gray, Plainv 24.7
- 5 Osmundson, Lane 24.8
- 6 Katie Christopherson, Pac 25.2

440 Yd Relay

- 1 Southland 51.3 (Bergstrom, Klaudt, Schroeder, Lewison)
- 2 Lake City 51.9
- 3 Kenyon 52.2
- 4 Plainview 52.2
- 5 Rochester Lourdes 52.6
- 6 Blooming Prairie 52.9

880 Yd Run

- 1 Kathy Lee, Lour 2:20.3
- 2 Robin Clark, D-E 2:20.7
- 3 Emrud, Free 2:25.3
- 4 Paquin, Med 2:26.9
- 5 Ray, P-F 2:27.0
- 6 Kathy Kylo, Hay 2:29.0

220 Yd Dash

- 1 Heidi Kruger, Plain 25.3
- 2 Marcia Carroll, Glen 25.3
- 3 Sheryl Schmeling, Hay 26.4
- 4 Overby, Keny 26.4
- 5 Schweitzer, Chat 27.0
- 6 Cooper, DC 27.0

Two Mile Run

- 1 Lori Bearson, Lane 11:26.0
- 2 Donna Gathje, Lour 11:37.2
- 3 Laurie Anderson, Byron 11:56.3
- 4 Michelle Clark, Lour 12:13.1
- 5 Marlene Tappe, NR 12:19.5
- 6 Patty Erredge, Zum 12:23.0

Mile Relay

- 1 Rochester Lourdes 4:12.4 (Wente, Clark, Verhenkamp, Lee)
- 2 Medford 4:14.2
- 3 Byron 4:14.3
- 4 Zumbrota 4:18.4
- 5 Hayfield 4:19.3
- 6 Southland 4:22.6

Shot Put

- 1 Jenny Macken, Stew 41-0.5
- 2 Julie Schaefer, Pac 37-4?
- 3 Marcia Carroll, Glen 37-4.25
- 4 Barb Bollman, Lewis 36-11
- 5 Matheson, Alden 35-6.75
- 6 Langemo, Keny 34-0.5

Discus Throw

- 1 Chris Frey, Lour 119-2
- 2 Brenda Johnson, Rush 111-0
- 3 Barb Bollman, Lewis 106-2
- 4 Kris Glynn, SV 106-0
- 5 Kathy Alderman, Keny 103-9
- 6 Katie Lingenfelter, SV 102-11

Long Jump

- 1 Linda Sunderman, Pac 17-2
- 2 Rhonda House, SV 16-5.5
- 3 C. Weis, Lour 16-3
- 4 Otterness, Wanam 16-2
- 5 Hendrichs, Zum 16-0
- 6 Peterson, BP 15-9

High Jump

- 1 Wendy Olson, South 5-2
- 2 Susie Meier, Hayf 5-1
- 3 Rhonda House, SV 5-1
- 4 Chris Stenger, Pacelli 4-10
- 5 Colleen Kofoot, SV 4-10
- 6 Kris Diercks, LakeC 4-10

Notes: Lourdes was coached by Myron Glass.